

B. Resources/Help for Providers

Provider Resources	
Site	Comments
Arkansas http://www.uams.edu/angels/dream	Antenatal and Neonatal Guidelines, Education and Learning System (ANGELS), includes protocols, medication information and guidelines, screening tools and resources, research, and patient information and materials
Illinois http://www.psych.uic.edu/research/perinatalmentalhealth/ http://www.hfs.illinois.gov/mch http://www.ppdil.org	Provider treatment guidelines, perinatal depression consultation service, billing and record-keeping procedures, consumer information
Indiana http://www.indianaperinatal.org	Curriculum and protocols embedded in 15 pg consensus statement, perinatal mood disorders guide, decision tree, consumer products
Maryland http://www.fha.state.md.us/mch/women.cfm	Consumer booklet in many languages
Massachusetts http://www.womensmentalhealth.org	Links to literature, excellent evidence-based materials for consumers
New Jersey http://www.state.nj.us/health/fhs/ppd/index.shtml	Discipline-specific treatment, literature review, consumer materials, brochure, poster
Wisconsin http://www.perinatalweb.org	Web-based curriculum with CME's, blueprint for action and excellent resources
MCH Library http://www.mchlibrary.info/KnowledgePaths/kp_postpartum.html	Knowledge path/comprehensive resources
American Academy of Pediatrics http://www.aap.org	Research articles
Screening for Mental Health www.mentalhealthscreening.org/	Depression overview and resources
Center for Healthier Children, Families & Communities http://www.healthychild.ucla.edu/ search : "Maternal Depression"	Publication – Improving Maternal and Infant Mental Health: Focus on Maternal Depression
CDC http://www.cdc.gov/index.htm	General and state-specific information, PRAMS data
American Academy of Family Physicians http://www.familydoctor.org/379.xml	Action plan
PND training for professionals http://www.pndtraining.co.uk	Articles, on-site training
Online PPD Support www.ppdsupportpage.com/	Resources and support
KEMPE http://www.kempe.org	Guidelines for Obs and Pediatricians
Postpartum stress center http://www.postpartumstress.com	Both self-screening tools and tools for provider use
Office of Minority Health http://www.omhrc.gov/assets/pdf/checked/CLAS_a2z.pdf	Cultural and linguistic standards
Consumer-Based Websites	
PSI http://www.postpartum.net	Link for self-screening, web forums, and information for dads/families
DAD http://www.depressionafterdelivery.com/home/asp	Newsletters, testimonials, and information for dads/families
NIMH http://www.nimh.nih.gov/healthinformation/depressionmenu.cfm	Overview of depression, treatment guidelines, and research studies
Online PPD Support http://www.ppdsupportpage.com/	Resources and support
Center for Postpartum Adjustment http://www.geocities.com/ppdflorida/index.htm	Self-screening tool, information
Center for Postpartum Health http://www.postpartumhealth.com	Excellent list of resources