

Provider Resources

Source/Site	Comments
Arkansas www.uams.edu/angels/	Antenatal and Neonatal Guidelines, Education, and Learning System (ANGELS), includes protocols, medication information and guidelines, screening tools and resources, research, and patient information and materials
Illinois www.hfs.illinois.gov/mch www.ppdil.org	Provider treatment guidelines, perinatal depression consultation service Billing and record-keeping procedures Consumer information
Indiana www.indianaperinatal.org	Curriculum and protocols embedded in 15-pg consensus statement Perinatal mood disorders guide, decision tree, consumer products
Maryland www.fha.state.md.us/mch	Consumer booklets in many languages
Massachusetts www.womensmentalhealth.org/information/index.html	Links to literature, audio/video clips, re: protocols, etc. Excellent evidence-based materials for consumers
New Jersey www.njspeakup.gov	Discipline-specific treatment, literature review Consumer materials, brochure, poster
Vermont https://www.med.uvm.edu/vchip/TB1+BL.asp?ContentItemID=10159&SiteAreaID=669	Postpartum follow-up protocol and grid Printable tool kit
Wisconsin www.perinatalweb.org/content/view/20/37	Web-based curriculum with CMEs Blueprint for action and excellent resources
MCH Library www.mchlibrary.info/KnowledgePaths/kp_postpartum.html	Knowledge path/comprehensive resources
American Academy of Pediatrics http://www.aap.org/	Research articles
Screening for Mental Health www.mentalhealthscreening.org/locator/NDSmap2.aspx?prg=4&STATE=NE	Depression overview, online screening, and resources
Center for Healthier Children, Families & Communities www.healthychild.ucla.edu/NationalCenter/	Improving Maternal and Infant Mental Health: Focus on Maternal Depression
CDC www.cdc.gov/index.htm	General and state-specific information, PRAMS data
American Academy of Family Physicians www.familydoctor.org/379.xml	Action plan
PND training for professionals www.pndtraining.co.uk/index.htm	Articles, on-site training
Online PPD Support www.ppdsupportpage.com/	Resources and support
KEMPE http://www.kempe.org	Guidelines for OBs and Peds
Postpartum Stress Center www.postpartumstress.com/index.html	Both self-screening tools and tools for provider use
Perinatal Depression Information Network www.pdinfonetwork.org	State-by-state information for providers on resources available in their area Events, news, and forums regarding perinatal depression

Office of Minority Health www.omhrc.gov/assets/pdf/checked/CLAS_a2z.pdf	Cultural and linguistic standards
Consumer-Based Websites	
PSI www.postpartum.net	Link for self-screening, web forums, and information for dads/families
DAD www.depressionafterdelivery.com/home.asp	Newsletters, testimonials, and information for dads/families
NIMH http://www.nimh.nih.gov/health/topics/depression/index.shtml	Overview of depression, treatment guidelines, and research studies
Omaha Mother-to-Mother Network www.ppsupportomaha.webs.com	An active support group that meets once a month at the Omaha Millard Library from 6:00 PM to 7:30 PM
Online PPD Support www.ppdsupportpage.com/	Resources and support
Center for Postpartum Adjustment www.postpartumsupport.com	Self-screening tool
Center for Postpartum Health www.postpartumhealth.com	Excellent list of resources